



# HOUSE OF TIMOTHY

EDUCATE • EQUIP • EMPOWER

## **Introducing House of Timothy:**

House of Timothy is a 501 (c)(3) non-profit Christ-centered residential regeneration program helping young adult men between the ages, 18-25 who struggle with physical, sexual, psychological, spiritual trauma, alcohol and drug addiction, pornography and sexual addiction. This 12 month program consists of a rigorous work schedule, class work, group and individual counseling, and administration and implementation of spiritual practices.

House of Timothy works actively and intentionally to provide an environment that fosters spiritual formation in the lives of all its participants both staff and residents. Through research and spiritual growth we have developed a holistic approach that incorporates mind, body, spirit, and community.

## **The Program:**

House of Timothy program is a strict, no-nonsense community where residents' recovery must be more important to them than it is to us! Residents are expected to work the program and exhibit a desire to change. We are best suited to help those struggling with early adulthood transition.

House of Timothy is a smoke-free, alcohol-free, and drug-free environment. A week at House of Timothy consists of a balance between individual and group therapy, small group class time, worship, and physical labor.